The Facts

Mental Healthcare in Young People and Young Adults

A review of the quality of care provided to young people and young adults with mental health conditions presenting to acute general hospitals or mental health inpatient facilities



PARITY OF ESTEEM

77%

of patients did not have a mental health history recorded in the general hospital at initial assessment

98%

of patients in general hospitals had adequate physical management plans

52%

of patients in general hospitals had adequate mental health management plans

12%

of general hospital clinicians reported a lack of clarity on who led mental healthcare

SUPPORT

26%

of patients in a mental health hospital experienced a delay in 1st assessment by a mental health professional

84%

of patients in a mental health hospital had issues with physical health monitoring due to mental health issues

64%

of mental health hospitals had nurses available to support general hospital care

28%

of patients in a mental health hospital experienced a delay in response by a mental health professional

TRANSITION

21%

of all hospitals had no framework to facilitate continuing care at transition to adult services

48%

of mental health hospitals had a designated lead for transition in place

30%

of patients from both general and mental health hospitals had problems with transition planning or implementation

Transition to adult services occurred later for patients with a mental health condition when compared to people without

COMMUNICATION

42%

of all hospitals were members of a network of care for mental health

71%

of general hospital teams were able to access community notes

150/

mental health hospitals had access to general hospital notes

58%

of patients where there was evidence of adequate communication with the wider care team



TO IMPROVE THE PROVISION OF MENTAL HEALTHCARE FOR YOUNG PEOPLE IN THE GENERAL HOSPITAL WE NEED TO:

